



## Yoga Day Celebration-21<sup>st</sup> June, 2023

Organized by

**Govt. Gen. Degree College Gopiballavpur II, Beliaberah,**

Jhargram, West Bengal.

(Affiliated to Vidyasagar University)

It is a great pleasure to inform you that the **Yoga Day Celebration** which will be held at shed premises, Government General Degree College Gopiballavpur II on 21<sup>st</sup> June, 2023 at 10.00 A.M. All the faculties, non teaching staff and students are requested to attend the programme.

*Shilpa*  
*19-06-2023*  
Dr. Sujit Kisku  
Officer - In-Charge  
Govt. Gen. Degree College Gopiballavpur II  
Beliaberah, Jhargram





GOVERNMENT OF WEST BENGAL  
Govt. Gen Degree College Gopiballavpur II  
Bellaberah JHARGRAM-721517

## International Yoga Day Celebration Report:

Govt. General Degree College Gopiballavpur II, Bellaberah, Jhargram, celebrated the 9<sup>th</sup> International Yoga Day on 21<sup>st</sup> June 2023 to promote Yoga among the youth of the college. Professor Alope Mondal, Assistant Professor of Philosophy was the Yoga instructor. Officer-in-Charge of Govt. General Degree College Gopiballavpur-II, faculties and students were participated in this programme. Participants were addressed about the importance of Yoga and its impact on health and mind. Then "Ashtanas" and Suryanamaskara was practiced which was instructed by Professor Alope Mondal.

Some pictures of the programme are attached below-



Alope Mondal  
Yoga instructor



*[Signature]*  
OFFICER - IN - CHARGE  
Govt. General Degree College  
Gopiballavpur

Officer in Charge



7X93+6Q8, Rajvaban Rd,  
Belaberya, West Bengal  
721517, India

overcast  
clouds  
38.0 °C

21 Jun 2023 11:26 AM



7X93+6Q8, Rajvaban Rd,  
Belaberya, West Bengal  
721517, India

overcast  
clouds  
38.0 °C

21 Jun 2023 11:25 AM



Aloke Mandal  
Yoga instructor



*Sujit Kisku*  
Dr. Sujit Kisku

Officer in Charge  
OFFICER - IN - CHARGE  
Govt. General Degree College  
Govt. General Degree College  
Govt. General Degree College

# Government General Degree College, Gopiballavpur-II

## INTERNATIONAL YOGA DAY-2023

### ATTENDANCE SHEET

SL. NO.	NAME	SEMESTER	SIGNATURE
1	Payel Barik	VI	Payel Barik
2	Ayantika Majumdar	VI	Ayantika Majumdar
3	Aniruddha Ghosh	VI	Aniruddha Ghosh
4	Riya Maity	VI	Riya Maity
5	Nishi Hansda	VI	Nishi Hansda
6	Rithika Barik	VI	Rithika Barik
7	Sayan Shaw	VI	Sayan Shaw
8	Shreya Giri	VI	Shreya Giri
9	Tumpa Bera	VI	Tumpa Bera
10	Rajkumar Ghorai	VI	Rajkumar Ghorai
11	Soumyadip Chakraborty	VI	Soumyadip Chakraborty
12	Swadhin Maity	VI	Swadhin Maity
13	Joydeb Khilari	VI	Joydeb Khilari
14	Chayan Shaw	IV	Chayan Shaw
15	Sagarika Dey	IV	Sagarika Dey
16	Somnath Panda	IV	Somnath Panda
17	Monalisha Das	IV	Monalisha Das
18	Biswanath Singh	IV	Biswanath Singh
19	Nabanita Barik	IV	Nabanita Barik
20	Surjakanta Mantri	IV	Surjakanta Mantri
21	Payel Kamila	II	Payel Kamila
22	Priti Das	II	Priti Das
23	Sonali Mahapatra	II	Sonali Mahapatra
24	Etishree Bera	II	Etishree Bera
25	Jaita Mudli	II	Jaita Mudli
26	Seuli Panda	II	Seuli Panda
27	Kalpna Giri	II	Kalpna Giri
28	Subham Barik	II	Subham Barik
29	Souvik Das	II	Souvik Das
30	Labani Khamri	II	Labani Khamri
31	Mousumi Ghosh	II	Mousumi Ghosh
32	Shruti Shit	II	Shruti Shit
33	Saraswati Hansda	II	Saraswati Hansda
34	Smriti Bag	II	Smriti Bag

